

## Studio Dates to Know!

March 4

"Alice in Wonderland" presented by DTC (see page 2)

March 10

Recital Fee Due

March 24

Epic Dance Competition – BFA Competition Company

April 10 – 14

CLOSED for Spring Break

April 21

Platinum Dance Competition – BFA Competition Company

May 5

Inspire Dance Competition – BFA Competition Company

May 20

RECITAL DAY!! at Richland District Two Auditorium

Click here to check us out on  
Facebook & Instagram!



## Students! We want to hear from you!

Keep an eye out for a box at the front desk where a new question will be posted each month- cast your vote and wait to see the results at the end of the month on our social media accounts! This month's voting question is "What's your favorite genre of dance?" We can't wait to see the results!

## *Calling the Help of All Parents!!*

Starting next month we will be adding a new column to our newsletter called "**Praising Parents**". Your student's teachers hear all about the wonderful things your children are doing outside of the dance room. To help make sure we all hear about the wonderful deeds and accomplishments going on with our students, we would like to extend you the opportunity to submit praises for your child that we will publish in the following month's newsletter. We want to hear it all: honor roll, pageant placing, birthday, art contest, first lost tooth, volunteering moments. **If it is a huge milestone to you and your child, it's a milestone we want to share!!**

Please submit all of your "praises" to Roxanne Livingston Rich at [Roxanne.livingston1129@gmail.com](mailto:Roxanne.livingston1129@gmail.com) and entitle the email "BFA Newsletter – Praising Parents".

We look forward to hearing and reading about all of your big news!!



# A Day in the Life of a Dance Teacher ...

In my younger level ballet classes we utilize our imaginations to help the dancers remember their body lines, placement and posture. They are not just learning dance movements but also the terminology in French as well as musical terms in Italian. So much for their young minds to absorb. To add a little fun in the mix, I ask them to "sit" something on their shoulders to help them stay down and that item changes usually with the current month's holiday or season. The items must sit on them the entire class. (Ballerina's shoulders should never look like earrings) Yesterday as the class entered, a student reminded me that Valentine's Day had now passed. She said "Ms. Kim it is time to put our cupids up and grab our Leprechauns for our shoulders!" I love how they are constantly thinking, retaining and growing as dancers! -- Mrs. Kim

I had a darling, young tapper come to me the other day, so excited to read me what her shirt said. She looked down and began to read it to me "It says 'Sorry I can't, I have dance'". She then looked at me and said "Do you know why I wore this today?" I replied "No, tell me!" She put a huge smile on her face and said "Because it's Thursday and Thursday is my tap day! Tap is my favorite!" I love seeing these girls love for dance grow!

-- Ms. Bailey

A fun way to practice leaps is to place an object in the middle of the room as a "stream" to leap over. The stream grows wider and wider as a way to encourage the students to really stretch their legs out. One precious one came to me as the stream was hitting its widest and said, "My legs are short so I know I won't make it all the way across without touching the stream but I know my goal is really to get my leap to a 180 so that's what I'm gonna try for!" \*Getting your leap to a "180" means that your legs are all the way stretched out like you are doing the splits in the air. Good goal, sweet girl!!

-- Mrs. Lisa

A few weeks ago I had a short spat with positional vertigo. Knowing that coming to teach at BFA can cure anything from bad moods to general "blah days", I thought I might see if it could also cure vertigo! After a short chat with my Wednesday Jr. Jazz class concerning my conditions of randomly feeling dizzy, not just one, but half of the class offered to lead warmups. As I sat back and watched the girls mimic my typical warmup routine of jumping jacks, isolations, and splits my heart felt full. Before my eyes was not a room full of dancers warming up, but a room full of caring pre-teens that are slowly but surely budding into empathetic leaders, who love to dance.

*(Disclaimer: Teaching dance does not cure vertigo.)*

-- Mrs. Roxanne

Dance Theatre of Columbia presents ...

## "Alice in Wonderland"

Saturday, March 4, 2017 at 2PM and 7PM

Keenan High School Auditorium

**TICKETS ARE ON SALE AT**

**[WWW.BAILEYFINEARTS.NET](http://www.baileyfinearts.net) !**

Please come support many of our BFA dancers for this fun filled show for the whole family!

